CLEAR Whole Person Care® Education – Level 1
Pre-test/Post-test

1. Please rate your level of agreement with the following statements:

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Disagree</th>
<th>Disagree</th>
<th>Neither Disagree Nor Agree</th>
<th>Agree</th>
<th>Strongly Agree</th>
<th>NA</th>
</tr>
</thead>
<tbody>
<tr>
<td>I know what whole person care means</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>NA</td>
</tr>
<tr>
<td>I know how to provide whole person care</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>NA</td>
</tr>
<tr>
<td>I feel comfortable in providing whole person care</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>NA</td>
</tr>
<tr>
<td>I give whole person care to myself</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>NA</td>
</tr>
<tr>
<td>I have the tools for providing whole person care</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>NA</td>
</tr>
<tr>
<td>“Whole person care” means exploring one dimension of a person’s life in-depth</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>NA</td>
</tr>
<tr>
<td>I have time to give whole person care to patients/clients</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>NA</td>
</tr>
</tbody>
</table>

2. Whole person care means which of the following in relation to the patient/client life (choose best answer):
   - A) Exploring more deeply one aspect
   - B) Exploring every aspect
   - C) Considering all aspects as important to health
   - D) Being willing to explore all aspects
   - E) All of the above
   - F) C and D

3. According to the CLEAR WPC® model, whole person care begins with listening (true or false).
   - True  False

4. Wholeness means (choose best answer):
   - A) Not being fragmented
   - B) Being fragmented
   - C) Being held together
   - D) A and C
   - E) B and C

5. Wholeness is not possible in this life (true or false):
   - True  False

6. The CLEAR Whole Person Care® model identifies the following five categories (true or false):
   **Collaborate, Listen, Explore, Acknowledge, Respond**
   - True  False

7. “To be fully present” is a concept related to ___________ in the CLEAR WPC® model:
   - Listen
   - Explore
   - Respond
   - None of the above

8. Conducting a spiritual assessment would be done in the “Explore” section of the CLEAR WPC® model (true or false).
   - True  False

For more information, contact:
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wholeness@llu.edu  (909) 558-7786  llu.edu/wholeness
9. “Scan the environment” is a concept related to “Explore” in the CLEAR WPC® model (true or false).
   □ True  □ False

10. “Scan the environment” has to do with checking the safety of the patient/client (true or false).
    □ True  □ False

11. The four aspects identified in the “Explore” section of the CLEAR Whole Person Care® model are:
    (choose best answer)
    □ Physical, mental/emotional, social, behavioral
    □ Physical, mental, emotional, social
    □ Physical, mental/emotional, social, spiritual
    □ Mental, physical, emotional, spiritual
    □ None of the above

12. “Sharing resources that affirm patient/client strengths and offer hope” is done in the ________ section of the CLEAR Whole Person Care® model. (choose best answer)
    □ Listen
    □ Explore
    □ Respond
    □ None of the above

13. “Validating the patient/client story and concerns” is a main focus in the ________ section of the CLEAR WPC® model. (choose best answer)
    □ Listen
    □ Acknowledge
    □ Respond
    □ None of the above

14. “Reflecting with the patient/client is a main focus in the ________ section of the CLEAR WPC® model.” (choose best answer)
    □ Listen
    □ Acknowledge
    □ Respond
    □ None of the above

15. If there are others in the room, invite them to leave in order to more effectively provide whole person care (true or false).
    □ True  □ False

16. “The behaviors and skills of the CLEAR WPC® model are connected to: (choose best answer)
    □ The definition of health
    □ Various values
    □ The four aspects of wholeness
    □ All of the above

17. Practicing skills can impact which of the following (choose only one):
    □ A) Behaviors
    □ B) Values
    □ C) A and B
    □ D) Only B