

# CLEAR Whole Person Care® Education – Level 1

## Pre-test/Post-test

1. Please rate your level of agreement with the following statements:

	Strong ly Disagr ee	Disa gree	Neit her Disa gree Nor Agree	Agree	Strong ly Agree	NA
I know what whole person care <i>means</i>	1	2	3	4	5	NA
I know <i>how to provide</i> whole person care	1	2	3	4	5	NA
I <i>feel comfortable</i> in providing whole person care	1	2	3	4	5	NA
I give whole person care to <i>myself</i>	1	2	3	4	5	NA
I have the <i>tools</i> for providing whole person care	1	2	3	4	5	NA
“Whole person care” means exploring one dimension of a person’s life in-depth	1	2	3	4	5	NA
I have time to give whole person care to patients/ clients	1	2	3	4	5	NA

2. Whole person care means which of the following in relation to the patient/ client life (*choose best answer*):

- A) Exploring more deeply one aspect
- B) Exploring every aspect
- C) Considering all aspects as important to health
- D) Being willing to explore all aspects
- E) All of the above
- F) C and D

3. According to the CLEAR WPC® model, whole person care begins with listening (*true or false*).

- True  False

4. Wholeness means (*choose best answer*):

- A) Not being fragmented
- B) Being fragmented
- C) Being held together
- D) A and C
- E) B and C

5. Wholeness is not possible in this life (*true or false*):

- True  False

6. The CLEAR Whole Person Care® model identifies the following five categories (*true or false*):

**Collaborate, Listen, Explore, Acknowledge, Respond**

- True  False

7. “To be fully present” is a concept related to \_\_\_\_\_ in the CLEAR WPC® model:

- Listen
- Explore
- Respond
- None of the above

8. Conducting a spiritual assessment would be done in the “Explore” section of the CLEAR WPC® model (*true or false*).

- True  False

### FOR MORE INFORMATION, CONTACT:

Center for Spiritual Life and Wholeness; Loma Linda University Health  
[wholeness@llu.edu](mailto:wholeness@llu.edu) | (909) 558-7786 | [llu.edu/wholeness](http://llu.edu/wholeness)

9. "Scan the environment" is a concept related to "Explore" in the CLEAR WPC® model (*true or false*).  
 True  False
10. "Scan the environment" has to do with checking the safety of the patient/ client (*true or false*).  
 True  False
11. The four aspects identified in the "Explore" section of the CLEAR Whole Person Care® model are:  
(*choose best answer*)  
 Physical, mental/emotional, social, behavioral  
 Physical, mental, emotional, social  
 Physical, mental/emotional, social, spiritual  
 Mental, physical, emotional, spiritual  
 None of the above
12. "Sharing resources that affirm patient/ client strengths and offer hope" is done in the \_\_\_\_\_ section of the CLEAR Whole Person Care® model. (*choose best answer*)  
 Listen  
 Explore  
 Respond  
 None of the above
13. "Validating the patient/ client story and concerns" is a main focus in the \_\_\_\_\_ section of the CLEAR WPC® model. (*choose best answer*)  
 Listen  
 Acknowledge  
 Respond  
 None of the above
14. "Reflecting with the patient/ client is a main focus in the \_\_\_\_\_ section of the CLEAR WPC® model." (*choose best answer*)  
 Listen  
 Acknowledge  
 Respond  
 None of the above
15. If there are others in the room, invite them to leave in order to more effectively provide whole person care (*true or false*).  
 True  False
16. "The *behaviors and skills* of the CLEAR WPC® model are connected to: (*choose best answer*)  
 The definition of health  
 Various values  
 The four aspects of wholeness  
 All of the above
17. Practicing skills can impact which of the following (*choose only one*):  
 A) Behaviors  
 B) Values  
 C) A and B  
 D) Only B

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