

CLEAR Whole Person Care® Education – Level 1

A Certain Kind of Light (Documentary) film reflection

1. After watching the film, the following best represents my thoughts and feelings (*choose all that apply*):
 - I was moved by the stories and encounters
 - This seems like too much to do at the bedside
 - I'm excited that whole person care is this simple
 - I'm afraid that there is not enough time to care in this way
 - Other
2. When I think about the role of story in healing (*choose all that apply*):
 - I know it is important, but I am concerned how long it takes
 - Hearing the underlying story would give more meaning to my work
 - I am surprised by how much is often left unsaid and how much it could impact the care
 - Other
3. The part about the film that I would find most challenging is (*choose all that apply*):
 - Engaging in the patient/client story when I want to do my job efficiently
 - Looking for ways to deepen a conversation
 - Knowing what to say when a patient/client asks difficult questions
 - Being there for the patient/client/other
 - Getting too involved and taking the stress of work home
 - Developing the skills of caring deeply
 - Taking the time needed to provide whole person care
 - Other
4. One thing I want to do differently after watching this film is (*choose all that apply*):
 - Consider more deeply what gives meaning to my work
 - Think about my own story and the role it might play in interacting with others
 - Consider the role of hope in healing
 - Other

FOR MORE INFORMATION, CONTACT:

Center for Spiritual Life and Wholeness, Loma Linda University Health
wholeness@llu.edu | (909) 558-7786 | llu.edu/wholeness