



CLEAR Whole Person Care™ Model

For more information about the use of the
CLEAR Whole Person Care Model, contact

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Center for Spiritual Life and Wholeness



LOMA LINDA
UNIVERSITY
HEALTH



CLEAR WHOLE PERSON CARE[®] MODEL

In order to encourage compassionate encounters exemplified by the teaching and healing ministry of Jesus Christ, Loma Linda University Health (LLUH) has developed the CLEAR Whole Person Care[®] model to guide conversations that engage the whole person. The CLEAR Whole Person Care[®] model is based on the acronym CLEAR and has five components, not all of which will be used in every interaction. Each component of the model can be used in its simplest form or can be expanded and deepened in ways suggested by the italicized phrase beneath it.

CLEAR Whole Person Care[®] model

C: Connect

Connect with God (spiritual core), self and others

L: Listen

Be fully present in a sacred time of sharing

E: Explore

Invite whole person conversations

A: Acknowledge

Empathize and communicate understanding

R: Respond

Share resources that affirm strength and offer hope

CLEAR Whole Person Care[®] model (expanded)

Create an atmosphere of compassion exemplified by the teaching and healing ministry of Jesus Christ

C: Connect *Connect with God (spiritual core), self and others*

- **G** – Greet with kindness
- **R** – Recognize and introduce
- **E** – Explain purpose
- **T** – Time: Provide timeframe
- **E** – Engage and invite response

L: Listen *Be fully present in a sacred time of sharing*

- Listen without interrupting for at least one minute
- Listen with your whole being

E: Explore *Invite whole person conversations*

- Concern(s) (identify primary concerns)
- Explore life dimensions (areas of connect and disconnect)
 - Physical
 - Mental/Emotional
 - Social/Relational
 - Spiritual

LLUH Spiritual History

S: Sources of strength

O: Outlook on religion and beliefs

U: Underlying issues/events (that may affect one's spirit or care)

L: Links to care (integrate spiritual needs into care)

A: Acknowledge *Empathize and communicate understanding*

- Care about the other person's life and his/her story
- Validate the story and concern(s)

R: Respond *Share resources that affirm strength and offer hope*

- *Affirm and empower* personal resources (resources and strengths of the other person)
- *Refer* to professional resources (treatment and referral)
- *Share* responder resources (personal stories, prayer, etc.)
- *Reflect* together and privately (on conversation, need for follow-up, and personal impact)